

We Are Hiring!



Psychotherapist or Psychotherapeutic Counsellor

We are Next Step we are not a faceless, tech-driven organisation or a directory. We are a therapist-founded and therapist-led service who exists to improve the lives of others, challenge the status-quo and do brilliant work. We are a community of therapists who support each other. Bringing therapists together in what can sometimes be a lonely job, working on your own.

We pride ourselves on a service that is not on whilst we're a small team, we are mighty but each and everyone brings something unique. We are an open an honest collective close nit professional and friendly team.

We provide psychotherapy, counselling, training, school work and support services for adults, young people, couples as well as therapeutic parenting and family intervention. We are a busy service with clinics based in Gosforth, Newcastle Upon Tyne and Monkseaton in North Tyneside.

We are seeking a part time Psychotherapist or Psychotherapeutic Counsellor to join our team at NSPW. In this role, you will provide tailored therapeutic support to clients, helping them navigate their mental health challenges. We are looking for a longer term relational therapist, who can demonstrate long term relational depth when working with clients. The role will be varied, challenging, and rewarding as you will work as part of a diverse clinical team pro-actively developing the service through co-production, delivery, and ongoing innovation.

POSITION DETAILS:



Role: Psychotherapist or Psychotherapeutic Counsellor

Location: Monkseaton Clinic

Salary: Between FT £36,000 - £42,000 Pro Rota £12,342.86 - £14,400 (depending on experience, accreditation, type of education etc)

Contract Hours: 2 days a week (A total of 12 clinical hours)

Wednesdays: 1pm - 8:30pm

Thursdays: 10:30am - 6:00pm (may need to change time if the demand or need changes)

Start Date: January 2026 (flexible)

Closing Date: 5th January 2026 (may close earlier if we get a suitable candidate)

PLEASE READ BEFORE APPLYING: You must be specifically qualified least level 6 or 7 in psychotherapy or psychotherapeutically trained. Training of any other kind will automatically be rejected including: person centred, integrative, psychology degrees and unfortunately qualifications in a different country (unless you've done a top up in relevant qualification in the UK as above).

Please do not apply if you cannot commit to the hours above as these cannot be changed.

Interviews may take place prior to the advert closing as and when suitable applications are received. If a suitable candidate is appointed the role may close early, therefore please do not hesitate to submit your application.

RESPONSIBILITIES:



- Provide face to face psychotherapy sessions in accordance with best practices and ethical guidelines.
- Conduct assessments and consultations.
- Utilise effective communication skills to build rapport with clients.
- Monitor client progress and adjust treatment plans as necessary.
- Maintain accurate records of client interactions and treatment outcomes.
- To develop links to other agencies and services and have a good understanding of local services for signposting and onward referrals
- Liaising with other professionals and care teams.

REQUIREMENTS:

- Qualified psychotherapist, accreditation desirable
- Have the ability to use other modalities
- Clinical experience of working with diversity in psychotherapy or Psychotherapeutically
- Strong communication skills to engage effectively with clients
- Experience in developing care plans tailored to individual needs
- Proficiency in IT systems for record-keeping and client management
- Manage your own diary and emails and provide timely communication with the centre and our clients
- Experience in working with a wide range of presenting issues of varying degree
- Have excellent communication skills and empathetic as well as challenging solution - based approach
- Be confident and positive, robust, introspective, friendly, knowledgeable, down to earth and approachable.
- Be able to integrate and be very much part of the team

Must have

- Regular supervision and keep records of your ongoing continuing professional development (provided inhouse)
- Comply with the General Data Protection Regulation (UK GDPR).
- A good understanding of professional guidelines and codes of practice.





WORKING FOR US:

Working with us, as well as a diverse clinical caseload, you will get access to:

- Holiday entitlement
- In house Supervision
- Pension
- Peer group support
- Therapeutically qualified line management
- Regular CPD and opportunities for development.
- Progression opportunities to clinical lead roles & other roles. Be involved in other areas of the business including assessment work or training as an example.
- Social events (maybe a cake or too!)
- We have a our own admin team who provide admin support, you can literally focus exclusively on our clients we refer to you.



If you are passionate about making a difference in people's lives through therapy, we invite you to apply today and join our dedicated team at NSPW!

HOW TO APPLY?

You can apply directly online at: <https://www.nextstepne.com/workingatnspw>

The successful candidate will be subject to an Enhanced DBS and references.

WWW.NEXTSTEPNE.COM