

# Counsellor & Child Therapist

We are Next Step Psychotherapy and Wellbeing, we pride ourselves on a service that is not only high-quality but also being ethical. Whilst we're a small team, we are mighty but each and every one brings something different, a professional and friendly team. Bringing therapists together in what can sometimes be quite a lonely job, working on your own.

We are looking for like-minded practitioners to join our private practice on a self-employed contractual basis. Our ethos is to be as inclusive as we can and whilst we realise, we aren't going to hit ever demographic it's important to use to stay relevant whilst keeping our core identity and be free to change, look at our language and create an environment that is safe to do so.

#### Position details

Based: Gosforth or Monkseaton Clinic

Salary: £22.5 per hour

Salary Type: Associate Counsellor

Role description: Counsellor and child therapist

**Contract Hours:** Flexible minimum of 14 hours including two evenings.

Contract Start: November 2023 & January 2024 (flexible)

Closing date: 15th October 2023

# Key responsibilities

#### The role involves:

- Having your own caseload of clients, some of these may have more complex needs.
- Direct work with individual, children, teens, couples, or groups depending on experience or preference.
- Operating within the guiding framework of NSPW framework.

## **Key objectives for the post:**

To build up a therapeutic relationship by:

- Identifying and supporting the mental health and well-being needs of clients through therapeutic modalities or in tandem with other therapies.
- Working from a holistic approach

- Supporting clients to identify their challenges and address them using their internal resources.
- Forming an effective working alliance.

### **Experience and knowledge required:**

- To be a professionally qualified Counsellor, Psychotherapist or CBT therapist.
- Must be able to demonstrate 2 years' post qualification experience of directly working a range of clients who have a mental health/wellbeing needs.
- be able to work with children.
- Registered as self-employed for tax & NI purposes.

### What to expect when working as part of our team including benefits:

- You won't need to worry about paying for rooms, or referral fees we pay you at the end of each month.
- We have a fully manned reception and admin service that deals with all monitory values.
- You get free supervision!
- Our admin team will also provide you with support.
- You can literally focus exclusively on our clients we refer to you.
- All clients are assessed and screened by our clinical team.
- When referring clients to you, we will match them against your specialities and preferences, which you will tell us about before starting our work together.
- We work on establishing regular team meetings and creating other occasions to connect among practitioners, providing in-house free supervision and increasing therapists' fees based on the length and mutual satisfaction of our work together.
- We provide a full induction on our systems and procedures to get you up and running as quickly as possible.
- You get access to free CPD each year!
- Discount and bursaries on some training.
- Ability to work with a wide range of clients, be involved in other areas of the business including assessment work or training as an example.

## Who are we looking for:

- Experience of working with more risk cases and completing risk assessments.
- Ability to work as part of a multi-disciplinary team, where to client has a team around them.
- Someone who's introspective, friendly, knowledgeable, down to earth and approachable.
- Someone who can deliver their modality competently and have knowledge and experience of at least one other psychological model.
- You are happy with being registered with our third-party partners to increase and support a steady stream of referrals to yourself.
- You are responsive, accountable, and reliable in accepting and maintaining the referrals you will receive from NSPW.
- You are happy to complete a small amount of independent admin, for example: invoicing NSPW at the end of the month, as well as notes and other tasks.

The successful candidate will be subject to an Enhanced DBS and reference.

# To Apply

Please apply at: <a href="https://www.nextstepne.com/workingatnspw">https://www.nextstepne.com/workingatnspw</a>