



PSYCHOTHERAPY & WELLBEING

## Counsellor/Therapist Associate

We are Next Step Psychotherapy and Wellbeing offering psychotherapy, counselling, training, schoolwork and support services for adults, young people, couples as well as therapeutic parenting and family intervention. We are a busy service based in Gosforth, Newcastle Upon Tyne and Monkseaton in North Tyneside.

We are committed to promoting a diverse and inclusive workforce. We offer a range of family friendly, inclusive employment policies, flexible working arrangements, and services to support staff from different backgrounds.

We pride ourselves on a service that is not on whilst we're a small team, we are mighty but each and everyone brings something unique. We are an open and honest collective close knit team. professional and friendly team. Bringing therapists together in what can sometimes be quite a lonely job, working on your own.

We currently have vacancies for an associate fully qualified Counsellor/therapist.

### Position details

**Location:** Monkseaton Clinic

**Salary:** £25 - £27.50 per hour depending on experience and accreditation.

**Salary Type:** Associate

**Role description:** Counsellor/Therapist

**Contract Hours:** Tuesdays 1pm – 8:30pm and Wednesdays 1pm – 8pm. (12 clinical hours)

**Contract Start:** Flexible

**Closing date:** No fixed date

### Key responsibilities

#### The role involves:

- Having your own caseload of clients, some of these may have more complex needs.
- Direct work with individual, children, teens, couples, or groups depending on experience or preference.
- Operating within the guiding framework of NSPW framework.

#### Key objectives for the post:

To build up a therapeutic relationship by:

- Identifying and supporting the mental health and well-being needs of clients through therapeutic modalities or in tandem with other therapies.

- Working from a holistic approach
- Supporting clients to identify their challenges and address them using their internal resources.
- Forming an effective working alliance.

### **Experience and knowledge required:**

- Must be a professionally qualified as a counsellor.
- Must be able to demonstrate 1 years' post qualification experience of directly working a range of clients who have a mental health/wellbeing need.

### **What to expect when working as part of our team including benefits:**

- The way we work is completely different to your average rent a room, we are a collective of therapists i.e you won't need to worry about paying for rooms, or referral fees we pay you at the end of each month.
- We have a fully manned reception and admin service that deals with all monetary values.
- You get free supervision!
- Our admin team will also provide you with support.
- You can literally focus exclusively on our clients we refer to you.
- All clients are assessed and screened by our clinical team.
- When referring clients to you, we will match them against your specialities and preferences, which you will tell us about before starting our work together.
- We work on establishing regular team meetings and creating other occasions to connect among practitioners, providing in-house free supervision and increasing therapists' fees based on the length and mutual satisfaction of our work together.
- We provide a full induction on our systems and procedures to get you up and running as quickly as possible.
- You get access to free CPD each year!
- Discount and bursaries on some training.
- Ability to work with a wide range of clients, be involved in other areas of the business including assessment work or training as an example.

### **Who are we looking for:**

- Experience of working with more risk cases and completing risk assessments.
- Ability to work as part of a multi-disciplinary team, where to client has a team around them.
- Someone who's introspective, friendly, knowledgeable, down to earth and approachable.
- Someone who can deliver their modality competently and have knowledge and experience of at least one other psychological model.
- You are happy with being registered with our third-party partners to increase and support a steady stream of referrals to yourself.
- You are responsive, accountable, and reliable in accepting and maintaining the referrals you will receive from NSPW.
- You are happy to complete a small amount of independent admin, for example: invoicing NSPW at the end of the month, as well as notes and other tasks.

### **To Apply**

**Please apply at: <https://www.nextstepne.com/workingatnspw>**

The successful candidate will be subject to an Enhanced DBS and references.